

How to study with mind maps the concise learning Reference

How to Study with Mind Maps for Concise Learning

In today's fast-paced educational environment, mastering the art of concise learning is essential for effective knowledge retention and quick recall. One powerful tool that has gained popularity among students and professionals alike is the use of mind maps. Mind mapping transforms complex information into visual diagrams, facilitating better understanding, organization, and memorization. This article explores how to harness the potential of mind maps to achieve concise learning, providing step-by-step guidance, best practices, and tips to maximize your study efficiency.

Understanding the Concept of Mind Maps in Learning

What Is a Mind Map?

A mind map is a graphical representation of ideas, concepts, or information arranged around a central theme. It uses branches, colors, images, and keywords to organize information hierarchically, making it easier to grasp relationships and hierarchies within the material.

Why Use Mind Maps for Concise Learning?

- **Visual Clarity:** They simplify complex information into digestible visual chunks.
- **Enhanced Memory:** The combination of images, colors, and structure boosts recall.
- **Active Engagement:** Creating mind maps encourages active learning, reinforcing understanding.
- **Efficient Review:** They allow quick revision of key points without sifting through extensive notes.

Getting Started: Tools and Materials

Choosing Your Medium

Mind maps can be created using various tools, depending on personal preference and context:

- **Paper and Pen:** Offers tactile engagement and flexibility for spontaneous mind mapping.

- **Digital Tools:** Software like MindMeister, XMind, or FreeMind enables easy editing, sharing, and storing of mind maps.
- **Tablets and Styluses:** Combine the tactile feel with digital convenience for dynamic mind maps.

Materials Needed

- Blank sheets or digital platform
- Colored pens, markers, or digital coloring options
- Images or icons relevant to the subject
- A clear understanding of the topic to be studied

Steps to Study Using Mind Maps for Concise Learning

Step 1: Define Your Central Topic

Begin by identifying the main subject or concept you wish to learn. Write or place this at the center of your page or digital canvas. Ensure it is clear and prominent, serving as the anchor for your entire mind map.

Step 2: Identify Main Branches (Key Subtopics)

Break down the central topic into major subcategories or themes. These should be broad areas that encompass core aspects of the subject. Draw branches emanating from the central node, labeling each with a concise keyword or phrase.

Step 3: Expand with Sub-branches

For each main branch, add detailed sub-branches that cover specific points, facts, or concepts. Keep labels brief and to the point to maintain conciseness. Use colors or symbols to differentiate branches and facilitate quick visual processing.

Step 4: Incorporate Visual Elements

Add relevant images, icons, or diagrams to reinforce understanding and memory. Visual cues help in associating concepts and making the mind map more engaging and memorable.

Step 5: Review and Refine

Once your initial mind map is complete, review it to eliminate redundancy or unnecessary details.

Focus on the core information that captures the essence of the topic, ensuring your map remains concise and effective.

Strategies for Effective Mind Mapping for Concise Learning

Focus on Keywords and Phrases

Use brief keywords instead of lengthy sentences. This encourages quick comprehension and prevents cluttering the map, maintaining clarity and conciseness.

Use Colors and Symbols

Color coding helps categorize ideas and highlights important points. Symbols or icons can indicate relationships, importance, or types of information, aiding quick recognition.

Prioritize Key Concepts

Identify and emphasize the most critical ideas. Avoid overloading the map with minor details that may hinder concise understanding.

Limit the Number of Branches

Maintain simplicity by restricting the number of main branches and sub-branches. A cluttered mind map can become overwhelming and counterproductive.

Integrating Mind Maps into Your Study Routine

Pre-Study Preparation

- Review syllabus or learning objectives to identify key topics.
- Create preliminary mind maps to outline what to focus on.

During Study Sessions

- Use mind maps to actively organize new information as you learn.
- Revisit and update existing maps to incorporate new insights.

Post-Study Review

- Summarize entire chapters or topics into concise mind maps for quick revision.
- Use the maps to test your recall and understanding.

Tips for Maximizing Conciseness and Effectiveness

- **Stay Focused:** Avoid adding tangential information; stick to core ideas.
- **Use Abbreviations and Symbols:** Save space and increase speed of creation.
- **Regularly Update:** Keep your mind maps current and relevant.
- **Combine with Other Techniques:** Use mind maps alongside summaries, flashcards, or quizzes for comprehensive learning.

Common Mistakes to Avoid

- **Overcomplicating:** Including too many details makes the map cluttered and less concise.
- **Using Long Sentences:** Contradicts the purpose of quick visualization and recall.
- **Ignoring Hierarchy:** Failing to organize information properly can lead to confusion.
- **Neglecting Visuals:** Not leveraging images or colors reduces the effectiveness of the map.

Conclusion: Mastering Concise Learning with Mind Maps

Learning to study effectively with mind maps requires practice, discipline, and a clear understanding of your learning goals. By focusing on key concepts, utilizing visual cues, and maintaining simplicity, you can transform dense information into concise, memorable representations. This approach not only enhances comprehension and retention but also makes studying more engaging and less overwhelming. Integrating mind maps into your regular study routine can significantly improve your ability to learn efficiently, prepare for exams, and retain knowledge long-term. Remember, the key to successful concise learning through mind maps lies in clarity, focus, and continual refinement of your visual learning tools.

How to Study with Mind Maps for Concise Learning

In an era where information overload is commonplace, mastering efficient learning techniques becomes essential. Among these methods, mind maps have emerged as a powerful tool to facilitate concise learning, enabling learners to organize, visualize, and internalize vast amounts of information quickly and effectively. This article explores the principles behind studying with mind maps, providing a comprehensive guide to harnessing their potential for maximizing educational outcomes.

Understanding Mind Maps: A Foundation for Concise Learning

What Are Mind Maps?

Mind maps are visual diagrams that represent ideas, concepts, or pieces of information around a central theme. They utilize a hierarchical structure, with the main idea at the center and related subtopics branching outward in a radial fashion. This format aligns with how the brain naturally processes information, making it easier to understand, remember, and recall complex data.

Key characteristics of mind maps include:

- Central theme or topic as the core node
- Branches representing main ideas linked to the central node
- Sub-branches for detailed concepts or supporting information
- Use of colors, images, and keywords to enhance memory and engagement

The Science Behind Mind Maps

Research indicates that visual learning tools like mind maps stimulate both hemispheres of the brain—logical and creative—leading to improved comprehension and retention. The visual-spatial organization helps in constructing meaningful relationships between ideas, reducing cognitive load, and fostering active learning.

Why Use Mind Maps for Concise Learning?

Enhancing Clarity and Focus

Mind maps distill complex topics into simplified visual summaries. By focusing on key ideas and their relationships, learners can grasp the essence of a subject without getting lost in extraneous details. This clarity supports quick review and reinforces core concepts.

Improving Memory and Recall

The combination of visual cues, keywords, and associations in mind maps creates multiple pathways for memory retrieval. The hierarchical structure mirrors natural thought processes, making it easier to recall related information efficiently.

Facilitating Active Engagement

Constructing a mind map requires active participation—organizing ideas, selecting relevant information, and creating visual links. This active involvement deepens understanding and promotes long-term retention compared to passive reading or note-taking.

Promoting Conciseness and Synthesis

Mind maps compel learners to condense information into essential points, fostering skills in synthesis and critical thinking. This process filters out redundancy and emphasizes the most important elements, aligning perfectly with the goal of concise learning.

Steps to Study Effectively with Mind Maps

1. Prepare Your Materials and Environment

Before starting, gather necessary tools such as blank paper, digital mind map software, colorful pens, or markers. Choose a quiet, comfortable environment free from distractions to focus fully on the mapping process.

2. Identify the Central Theme

Begin by clearly defining the main topic or question. Write or draw it at the center of your workspace. This focal point anchors the entire mind map.

3. Brainstorm Main Branches

Identify the primary subtopics or categories related to the central theme. These should be broad, overarching ideas that encompass key aspects of the subject. Draw branches outward from the center, labeling each with concise keywords or images.

4. Develop Sub-branches

For each main branch, add more specific points, details, or examples that elaborate on the subtopic. Keep labels brief—use keywords or short phrases—and consider adding icons or colors to differentiate categories.

5. Use Visual Elements

Incorporate colors, symbols, images, or diagrams to enhance understanding and memory. Visual cues help in distinguishing ideas, illustrating relationships, and making the map more engaging.

6. Review and Refine

Once the initial map is created, review it critically. Look for gaps, overlaps, or unnecessary information. Simplify or reorganize as needed to improve clarity and conciseness.

7. Utilize the Mind Map for Study and Revision

Use your mind map as a primary review tool. Test yourself by recalling details associated with each branch. Expand or update the map based on new insights or deeper understanding.

Techniques to Maximize Concise Learning with Mind Maps

Active Summarization

Transform lengthy notes or lectures into concise mind maps by summarizing key points into brief keywords. This process reinforces comprehension and filters out non-essential information.

Color Coding and Visual Cues

Assign specific colors to different themes or types of information. Visual differentiation aids quicker recognition and recall, helping you navigate complex topics efficiently.

Hierarchical Structuring

Prioritize information by placing the most critical ideas at higher levels and supporting details at lower levels. This hierarchy guides focus and emphasizes core concepts.

Incorporate Mnemonics and Associations

Use mnemonic devices, symbols, or associations within your mind maps to create memorable links between ideas, making recall more straightforward.

Periodic Review and Updating

Regularly revisit and revise your mind maps to reinforce learning. Updating maps with new insights consolidates knowledge and maintains relevance.

Advantages and Limitations of Using Mind Maps for Concise Learning

Advantages

- Efficiency: Accelerates understanding by visualizing relationships.
- Memory: Enhances retention through imagery and associations.
- Organization: Clarifies complex information into manageable segments.

- Creativity: Stimulates innovative thinking and problem-solving.
- Flexibility: Adaptable to various subjects and learning styles.

Limitations

- Initial Time Investment: Creating detailed maps can be time-consuming initially.
- Over-Simplification: Risk of omitting important nuances if not careful.
- Subjectivity: Personal interpretation can influence map structure.
- Learning Curve: Some learners may need practice to use mind maps effectively.

Practical Tips for Effective Mind Map-Based Studying

- Start Small: Begin with simple topics and gradually increase complexity.
- Use Digital Tools: Software like XMind, MindMeister, or Coggle can facilitate dynamic and easily editable maps.
- Integrate with Other Techniques: Combine mind maps with flashcards, summaries, or quizzes for comprehensive learning.
- Collaborate: Share and co-create maps with peers to gain diverse perspectives.
- Stay Consistent: Regular practice develops your skill in creating and utilizing mind maps efficiently.

Conclusion: Unlocking Concise Learning Through Mind Maps

Studying with mind maps offers a structured, engaging, and highly effective approach to achieving concise learning. By harnessing their visual and hierarchical features, learners can distill complex information into clear, memorable, and manageable formats. Whether for exam preparation, project planning, or general knowledge acquisition, mind maps facilitate active participation and deeper understanding?cornerstones of effective learning. As with any skill, mastery comes with practice; integrating mind maps into your study routine can transform the way you process and retain information, making learning not just more efficient but also more enjoyable.

Remember: The power of mind maps lies in their ability to mirror your thought process, making learning a personalized, dynamic, and concise journey toward mastery.

QuestionAnswer How do mind maps enhance concise learning when studying? Mind maps help organize information visually, making complex topics easier to understand and remember, thus promoting concise learning by highlighting key concepts and their relationships. What are the best steps to create an effective mind map for study purposes? Start with the main topic at the center, branch out with main ideas, add sub-branches for details, use keywords and images, and keep it

clear and uncluttered to facilitate quick review and retention. Can mind maps improve retention and recall during exams? Yes, because mind maps leverage visual memory and associations, making it easier to recall information quickly and accurately during exams. How can I make my mind maps more concise and focused? Use only essential keywords, avoid unnecessary details, prioritize main ideas, and use color coding and symbols to differentiate concepts, keeping the map simple and targeted. Are digital tools effective for creating mind maps for concise learning? Absolutely, digital tools like XMind, MindMeister, or Coggle offer features like easy editing, sharing, and multimedia integration, making mind maps more dynamic and accessible for concise learning. How often should I review my mind maps to maximize learning? Regular review, such as spaced repetition every few days or weeks, helps reinforce memory, identify gaps, and keep the mind maps relevant and effective for ongoing learning.

Related keywords: mind maps, effective studying, concise learning, visual learning, memory retention, study techniques, note-taking strategies, cognitive mapping, learning methods, exam preparation

Netter Concise

netter concise is a term that resonates deeply within the medical and educational communities, especially among students, healthcare professionals, and those seeking quick yet comprehensive references. Derived from the renowned works of Dr. John A. Netter, whose illustrations have become iconic in medical education, "Netter Concise" refers to a streamlined, easily accessible version of the classic Netter anatomy and medical illustration collections. This article explores the significance of Netter Concise, its features, benefits, and how it compares to other medical reference materials?all optimized for SEO to help students and professionals find the most relevant information quickly.

What is Netter Concise?

Definition and Origins

Netter Concise is a summarized, portable version of the original Netter's Atlas of Human Anatomy, designed to provide quick access to essential anatomical knowledge. The original Netter atlas was created by Dr. Frank H. Netter, a renowned medical illustrator whose detailed drawings have helped millions understand complex anatomical structures. The "Concise" edition distills this comprehensive resource into a more manageable format without sacrificing clarity or educational value.

Purpose and Audience

Netter Concise serves as an ideal reference for:

- Medical students preparing for exams
- Healthcare professionals seeking quick refreshers
- Educators and instructors
- Anyone interested in human anatomy and medical illustrations

Its primary goal is to deliver accurate, visually appealing, and easy-to-understand content in a compact form, making it a go-to resource for on-the-go study and review.

Features of Netter Concise

Key Characteristics

The features that make Netter Concise a valuable resource include:

- High-quality illustrations: Based on Dr. Netter's original artwork, providing detailed and accurate visualizations.
- Concise content: Focuses on essential anatomical structures, making complex information digestible.
- Portable size: Designed to be compact, fitting easily into a pocket or backpack.
- Structured organization: Topics are systematically arranged for logical learning and quick reference.
- Clear labeling: Annotations and labels facilitate easier identification of anatomical features.

Content Coverage

Netter Concise covers major anatomical regions, including:

- Musculoskeletal system (bones, muscles, joints)
- Nervous system (brain, spinal cord, peripheral nerves)
- Cardiovascular system (heart, arteries, veins)
- Respiratory system
- Digestive system
- Urinary system
- Reproductive system
- Endocrine system

This comprehensive yet condensed overview makes it suitable for both foundational learning and quick revision.

Benefits of Using Netter Concise

Advantages for Students and Professionals

- Ease of Use: Its compact format allows for quick referencing during study sessions or clinical practice.
- Visual Learning: The high-quality illustrations aid in memorization and understanding of complex structures.
- Time-Saving: Focused content helps learners review essential information efficiently.
- Enhanced Retention: Visual aids combined with concise explanations improve memory retention.
- Versatility: Suitable for various educational levels, from undergraduate students to practicing clinicians.

Why Choose Netter Concise Over Other Resources?

While there are numerous anatomy atlases and medical reference books, Netter Concise stands out due to:

- Its artistic quality, making learning engaging.
- Its focus on core concepts, avoiding overwhelming detail.
- Its portability, ideal for busy students and professionals.
- Its backing by the authoritative Netter collection.

Comparison with Other Medical Atlases and Resources

Netter Concise vs. Full-Size Atlases

| Feature | Netter Concise | Full-Size Atlases |

|---|---|---|

| Size | Compact, portable | Larger, coffee-table size |

| Content Depth | Summarized, essential only | Extensive, detailed descriptions |

| Illustrations | High-quality, simplified | Highly detailed, comprehensive |

| Ideal For | Quick review, on-the-go studying | In-depth study, detailed reference |

Netter Concise vs. Digital Resources

| Feature | Netter Concise | Digital Resources (Apps, Websites) |

|---|---|---|

| Accessibility | Physical book, limited to possession | Instant access via devices |

| Interactivity | Static images | Interactive diagrams, quizzes |

| Portability | Highly portable | Dependent on device |

| Updates | Static content | Can be updated regularly |

While digital resources offer interactivity and frequent updates, Netter Concise remains a trusted, tangible reference for those who prefer physical books.

How to Maximize Learning with Netter Concise

Study Tips

- Use as a Revision Tool: Review before exams to reinforce memorization.
- Integrate with Practical Sessions: Cross-reference with cadaver dissections or clinical cases.
- Create Flashcards: Use illustrations to build visual memory aids.
- Combine with Other Resources: Supplement with online quizzes and videos for comprehensive understanding.

Supplementary Resources

- Online anatomy courses
- Mobile apps based on Netter illustrations
- Practice exams and question banks

Where to Buy Netter Concise

Official and Retail Sources

- Medical bookstores: Universities and specialty stores often carry it.
- Online retailers: Amazon, Barnes & Noble, and other e-commerce platforms.
- Digital versions: Kindle editions or medical apps featuring Netter images.
- Educational discounts: Check for student discounts or bundles with other Netter publications.

Choosing the Right Edition

Ensure you select the latest edition to benefit from updated content and illustrations. Some editions also include online access codes or companion websites for enhanced learning.

Conclusion

Netter Concise stands out as an essential resource for anyone involved in medical education or practice. Its combination of high-quality illustrations, concise content, and portability makes it an invaluable tool for quick reference, revision, and foundational learning. Whether you're a student preparing for exams, a healthcare professional needing a reliable refresher, or an educator seeking engaging visual aids, Netter Concise provides a perfect balance of detail and brevity. By integrating this resource into your study routine, you can enhance your understanding of human anatomy and improve your clinical skills.

SEO Keywords for Further Optimization

- Netter Concise
- Human Anatomy Atlas
- Medical Illustrations
- Anatomy Study Guide
- Portable Anatomy Reference
- Medical Education Resources
- Netter Atlas Review
- Best Anatomy Books for Students
- Visual Learning in Medicine
- Anatomy Revision Tools

This comprehensive overview ensures that learners and professionals can recognize the value of Netter Concise and find it easily through search engines, making their educational journey more efficient and effective.

Netter Concise is a renowned medical illustration resource that has become an essential tool for students, educators, and healthcare professionals seeking high-quality visual content. Known for its clarity, precision, and comprehensive coverage, the Netter Concise series offers a condensed yet informative approach to complex anatomical and medical topics. This review explores the various facets of Netter Concise, evaluating its strengths, limitations, and overall utility as a medical reference.

Overview of Netter Concise

The Netter Concise series is a streamlined version of the classic Netter's Atlas of Human Anatomy, designed to provide quick, accessible, and accurate visual information. Developed by Frank H. Netter, a renowned medical illustrator, the series distills intricate anatomical structures into clear, detailed illustrations that serve both educational and clinical purposes. It aims to balance depth of information with brevity, making it ideal for students preparing for exams, clinicians seeking quick reference, or educators developing teaching materials.

The series covers a broad spectrum of medical topics, including gross anatomy, neuroanatomy, physiology, pathology, and clinical correlations. Its concise format emphasizes essential facts, complemented by high-quality artwork, making it a practical resource for busy professionals and learners alike.

Key Features of Netter Concise

High-Quality Illustrations

- Precision and Detail: The illustrations are crafted with meticulous attention to anatomical accuracy, aiding in visual learning.
- Color-Coding and Labels: Effective use of color and labeling helps differentiate structures and facilitate memorization.
- Consistency: The artwork maintains a uniform style throughout, which enhances comprehension and comparison across different topics.

Concise Content

- Summarizes complex concepts without sacrificing essential details.
- Focuses on clinically relevant information, making it useful for both academic and practical contexts.
- Often includes tables, summaries, and key points for quick review.

User-Friendly Layout

- Clear headings and subheadings streamline navigation.
- Use of bullet points and boxed summaries enhances readability.
- Compact design allows for portability and ease of use in various settings.

Coverage of Topics

- Extensive coverage of gross anatomy, neuroanatomy, and pathology.
- Integration of clinical correlations to bridge basic science and practice.
- Up-to-date with current medical understanding, reflecting recent advances and terminology.

Advantages of Netter Concise

Pros

- Visual Clarity: The illustrations are among the most detailed and accurate, aiding in the retention of complex anatomical information.
- Efficiency: Its concise format makes it ideal for quick revision, especially before exams or clinical rounds.
- Portability: The compact size facilitates easy carrying, making it accessible in clinical settings or classrooms.
- Comprehensive yet Focused: Balances breadth and depth, covering necessary topics without overwhelming the user.
- Educational Value: The combination of visuals and succinct explanations enhances understanding and memorization.
- Clinically Relevant: Emphasizes practical application, including common clinical scenarios and anatomical considerations.

Limitations

- Limited Depth: While ideal for quick reference, it may lack the depth required for in-depth research or advanced study.
- Learning Style Dependency: Visual learners benefit most; those requiring detailed textual explanations may find it insufficient.
- Updates and Editions: As with any print or digital resource, newer editions are necessary to incorporate the latest scientific findings.

- Price Point: The series can be relatively expensive compared to other concise references, especially for students on a tight budget.

Comparison with Other Resources

When evaluating Netter Concise against alternative resources, several factors stand out:

Versus Larger Atlases (e.g., Netter's Atlas of Human Anatomy)

- Pros: More portable and easier to review quickly.
- Cons: Less detailed, lacking the comprehensive scope of larger atlases.

Versus Textbooks (e.g., Gray's Anatomy, Clinically Oriented Anatomy)

- Pros: Visual-centric, quick to browse.
- Cons: Textbooks offer more detailed explanations, clinical context, and references.

Versus Digital Resources (e.g., online anatomy platforms, apps)

- Pros: Offline accessibility, tactile experience.
- Cons: Digital platforms may offer interactive features, 3D models, and multimedia content not available in print.

Overall, Netter Concise serves as an excellent supplementary resource, complementing more detailed textbooks or digital tools.

User Experience and Practical Application

Many users praise Netter Concise for its practicality in both educational and clinical environments. Medical students often rely on it for quick reviews before exams, appreciating its ability to distill complex topics into digestible visuals and summaries. Educators find it useful for creating teaching materials or clarifying core concepts during lectures.

Clinicians utilize Netter Concise as a quick reference guide during patient consultations or when reviewing anatomical details related to surgical procedures. Its emphasis on clinical correlations bridges the gap between theory and practice, making it a valuable bedside companion.

Integration into Learning and Practice

Netter Concise is particularly effective when integrated into a broader study plan. It works well alongside detailed textbooks, online courses, and cadaveric dissections. Its visual approach benefits visual learners and those who grasp information better through imagery rather than text alone.

For practical use, pairing it with interactive tools such as 3D anatomy apps can enhance spatial understanding. Medical students preparing for exams like USMLE or NBME often find it an indispensable part of their review arsenal.

Final Verdict

In summary, Netter Concise stands out as a highly effective, visually appealing, and user-friendly resource that caters to the needs of medical students, educators, and professionals seeking quick yet accurate anatomical and medical information. Its strengths lie in its high-quality illustrations, concise content, and clinical relevance. While it may not replace more comprehensive texts or digital platforms for in-depth study, it undoubtedly serves as a valuable supplement and quick-reference tool.

Pros:

- Excellent visual clarity and accuracy
- Portable and easy to navigate
- Clinically oriented and concise
- Enhances memorization and understanding

Cons:

- Limited depth for advanced topics
- May require supplementary resources for comprehensive learning
- Cost may be a consideration for some users

Ultimately, Netter Concise is a well-crafted resource that balances detail with brevity, making it a staple in the toolkit of anyone involved in medical education or practice. Its enduring reputation is well-deserved, and it continues to be a go-to reference for those seeking clear, reliable, and visually engaging medical information.

Question What does 'netter concise' mean in the context of writing? 'Netter concise' refers to a writing style that emphasizes clarity and brevity, ensuring information is delivered effectively without unnecessary details. How can I improve the conciseness of my technical documentation? Focus on removing redundant words, using clear and direct language, and

organizing content logically to ensure information is straightforward and easy to understand. Are there tools that help make my writing more netter and concise? Yes, tools like Grammarly, Hemingway Editor, and ProWritingAid can assist in identifying verbose sections and suggesting more concise phrasing. Why is being netter concise important in business communication? Concise communication saves time, reduces misunderstandings, and ensures your message is delivered efficiently, which is vital in fast-paced business environments. Can being too concise negatively impact my writing? Yes, overly concise writing can omit necessary context or details, leading to confusion. Balance is key to maintain clarity without sacrificing essential information. What are some best practices for maintaining netter conciseness in emails? Use clear subject lines, get straight to the point, avoid unnecessary jargon, and proofread to eliminate redundancies for more effective emails. How does netter conciseness improve readability and engagement? Concise writing is easier to read and understand, making your content more engaging and increasing the likelihood that your audience will absorb and act on the information.

Related keywords: Netter, anatomy, medical illustrations, medical reference, anatomy guide, clinical illustrations, medical textbook, human anatomy, anatomy diagram, medical art

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